

NEWSLETTER PRECANSKATE & CANSKATE

Spring 2024

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WELCOME TO PRECANSKATE AND CANSKATE

Spring has sprung, but who says the fun has to melt away with the snow? It's time to spring into action! Whether you're a skating newbie looking for a cool time with pals or dreaming of scoring goals on ice, the Ice Edge Skating Club welcomes you to #SkateWithUs!

Ice Edge Skating Club, a non-profit organization, is affiliated with Skate Canada and operated by dedicated parent volunteers.



**Skate
Canada**



AB|NT|NU

Chestermere Rec Centre

201 West Chestermere Drive

WWW.ICEEDGESKATINGCLUB.COM



**Skate Canada
Patinage Canada**



CLASS TIMES AND DATES

THURSDAYS

PreCanSkate (Ages 3+)
4:00–4:30 pm

CanSkate (Ages 5–11)
4:30–5:15 pm

Dates

April 25

May 2, 9, 16, 23, 30

June 6, 13

SATURDAYS

PreCanSkate (Ages 3+)
12:30–1:15 pm

CanSkate (Ages 5–11)
12:30–1:15 pm

Dates

April 27

May 11, 25

June 1, 8

In-Person Parent Meetings:
Sunday, April 21 @ 3:30 pm
Thursday, April 25 @ 5:15pm
Saturday, April 27 @ 1pm
In the Blue Arena stands!

SUNDAYS

PreCanSkate (Ages 3+)
1:30–2:00 pm (1:45–2:15 pm on April 21 only!)
2:00–2:30 pm (2:15–2:30 pm on April 21 only!)
2:30–3:00 pm (2:45–3:15 pm on April 21 only!)

CanSkate (Ages 5–11)
1:30–2:30 pm (1:45–2:45 pm on April 21 only!)

Dates

April 21, 28

May 5, 12, 26

June 2, 9, 16

**No classes on
Saturday, May 4,
and May Long Weekend
Saturday, May 18 and Sunday, May 19!** 🌸 🌸 🌸

Chestermere Rec Centre

201 West Chestermere Drive

www.ICEEDGESKATINGCLUB.COM

We are excited to start skating! But before getting out on the ice, please ensure that your skater gets a new name tag for their helmet. The name tags will be handed out by the parent volunteers at the welcome desk in the lobby prior to your child's first class!

Your skater will also get a star sticker. The sticker colour will match the colour of their group and the colour of the flower on the ice! They will then follow this flower colour as they progress through the 3 stations (agility, control and balance) during each class!



EQUIPMENT

HELMETS

All PreCanSkaters and CanSkaters must wear a CSA approved hockey helmet on the ice. Face cage is optional. Ski and bike helmets are not allowed.



SKATES

Skaters should use hockey skates with laces or figure skates with laces that are not colourful. Plastic skates are not recommended because they do not allow the ankle to bend correctly to learn the proper biomechanics of skating. They also have a lower quality of steel compared to a hockey skate so require to be sharpened more regularly. Skates normally fit like your shoe or one size smaller than your shoe size. You should avoid buying skates that are too big or are adjustable. There is not enough support in an adjustable size skate and skates that are too big or too small teach the wrong balance point of the blade and foot.

CLOTHING

All skaters should wear comfortable warm clothing as well as gloves or mittens to keep hands warm and protected.



For those interested to add a logo on their skater's clothing, IESC has set up embroidery services with Angela Embroidery, a local Chestermere business:

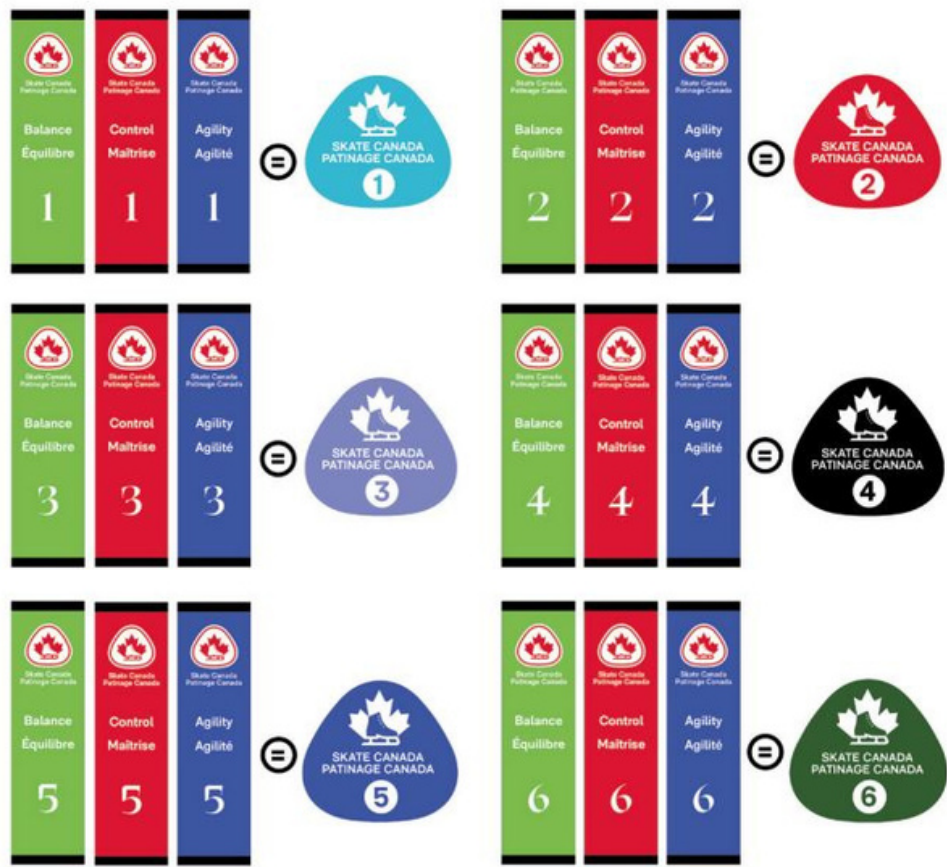
Website: www.sewsen.com

Warm-up Jacket standard embroidery includes front left Ice Edge logo, right sleeve Skate Canada logo and large Ice Edge logo on the back. A name bar on the left sleeve if you wish can be added for an additional cost. In addition, Angela Embroidery has our club logo in silk screen, approx. 8.5"W x 7.5" H that can be applied to hoodies, t-shirts or sweaters. Colour of the logo can be adjusted to show up on whatever colour of clothing.



SKATE CANADA BADGES

There are six levels in the Canskate program, and your skater will progress and receive a report card at the end of the final class. They will have the opportunity to earn a badge for levels 1-6 and a ribbon in control, balance, and agility at each of the six levels. Ribbons and badges will be given out as soon as the skater has earned them.



Canskate is taught by Professional Coaches, who are certified by Skate Canada, with the support of volunteer StarSkaters, who help out on the ice as Program Assistants (PAs).

There are no PreCanSkate or CanSkate classes in the summer. We do offer PreStarSkate (Star Group) summer camps in July and August for skaters who have passed CanSkate badge level 3 and are interested in pursuing figure skating. In this case you will be able to register your skater for as many weeks of camp as you like (registration opening soon!). For those who want to continue working on completing all six CanSkate levels and receiving all the badges, classes will resume in September.



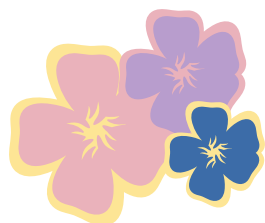
CLUB POLICIES & OTHER INFO

Parents are not allowed to leave their skater at the rink alone because there is no one to help them if they need to go to the bathroom or if there is an emergency for which a parent needs to be present.

Due to insurance restrictions, parents cannot step onto the ice. Please take a seat in the stands and not at the player's bench.

Skaters are not allowed on the ice unless the coach is present.

There are no make-up classes for missed PreCanSkate or CanSkate classes.



CHANGE ROOMS

Skaters must use the dressing rooms or players bench to put their skates on.

The TV's in the lobby at the entrance of the rec centre show assigned dressing rooms each week. Please read the screen for IESC and be sure you are in the correct room.

ICE ENTRANCE

We typically skate in the Blue rink.

PreCanSkaters enter the ice on the far side of the blue rink near the stands and where the curling rink is.

Canskaters enter the ice near the players bench and change room side.